



oklahoma HEMOPHILIA FOUNDATION

Spring 2019

UNITE WITH US! OHF UNITE FOR BLEEDING DISORDERS WALK IS APRIL 27TH, 2019

Fun starts at 9 am. Walk starts at 10 am.

South Lakes Park, 4210 SW 119th St, Oklahoma City, OK

Register your team and add team members at: www.okhemophilia.org

It's a fundraiser, it's a picnic, it's a festival, **AND** it's a chance to raise awareness about bleeding disorders with your family, friends and neighbors! Register today—it's almost time!

Last year we were able to make a **HUGE** impact on our community. Through the funds **YOU** raised at the Unite Walk:

- 25 members met with 27+ legislators at Day at the Hill 2019
- 11 Teens attended the (new) Teen Retreat
- 85 youths attended Camp Independence
- 263 people attended and were educated at the Annual Meeting
- 70+ members connected and learned at the Family Education Retreat
- 60+ members attended an educational dinner
- 80+ members had a blast at the OHF Winter Event
- 6 young people were awarded the Jason M. Nelson Scholarship
- 6 families were assisted through benevolence assistance
- 6 youth attended the (new) Scholarship Webinar

Please help ensure that these wonderful programs can continue.
Let's Unite together and make this year the best one yet!

Unite for Bleeding Disorders



Unite for Bleeding Disorders

WHY DO YOU WALK?



We are "Unite-ing" with
puppies at our walk
this year!



Bring your pup and
enter them in the
Red Tie Contest!



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LETTER FROM THE EXECUTIVE DIRECTOR

Dear OHF Community,

I hope this edition of Oklahoma Hemophilia Foundation's Community Connections newsletter finds you all well. Spring is starting to bloom and there are so many exciting things to look forward to! We have been working hard to prepare a great lineup of events for 2019—opportunities to connect, learn and advocate with your bleeding disorders family.

There are so many changes happening in our world—new therapies and breakthroughs in the science of factor replacement therapies. New enhancements and new products keep coming to market to help in the treatment of bleeding disorders. This year the first bypassing agent came to market and this is just one of several new strategies scientists are exploring to manage bleeding.

With new therapies and products on the market, it remains very important for OHF's advocacy efforts to continue to educate and ensure that we have access to the treatment we need. Our advocacy team, led by Liz Decker, has made great inroads this year to educate and inform legislators about what it is like to live with a bleeding disorder.

It is also important for patients to learn and understand the science and options available. OHF will provide education programs that will help in this process. Ultimately, the final decision about which product is best for each individual will be made with their medical provider.

Speaking of programs and education, be sure to check out the calendar and our website to learn about upcoming events. The teen retreat, camp, community dinners, OHF's annual meeting are all coming soon.

But most of all, if you haven't already, please sign up yourself, your family and friends and plan to attend our OHF Unite Walk 2019! This is going to be a big party and it won't be the same without each of you there. If you would like any help to sign up, please contact Jeanette at 405.229.0855 and she will make it easy for you!

See you soon!

Kathleen Montgomery, M.Ed.
Executive Director
Oklahoma Hemophilia Foundation



"The OHF family is greater than we have ever expected."

~The Lomeli & Arenas Family



"Our family was introduced to the OHF after adopting our son with severe hemophilia VIII. We had no idea the window of opportunities, education, and friendships this would open for us. We will forever be grateful to the OHF."

~Emily Johnson



OHF VOLUNTEER SPOTLIGHT-LISA DOBSON

I live in OKC, I was born in Tulsa, Oklahoma and moved to Oklahoma City when I was 6 years. I have one older sister and my mom. Unfortunately I lost my dad in February of 2018. Both my mom and sister live in OKC and Edmond.

What is your occupation, education background, particular job specialty areas/interests?

My occupation is in Finance. I have a Bachelor's in Finance and an Associates in Horticulture Technology. I am very analytical and enjoy working with numbers.

What are some hobbies or interests?

I love being outdoors, gardening, and traveling. I spent time overseas in Germany and I loved the culture. I speak fluent German.

How did you get involved with OHF?

I am a student in an organization called Body and Soul Fitness. Jeanette Jones and I were both students in Body and Soul Fitness and we became wonderful friends. In the fall of 2016, she asked me if I would be interested in volunteering at Family Camp. I gladly accepted and was thrilled at the opportunity. I continued to volunteer in 2017 and 2018. I will also be attending Family Camp in the fall of 2019.

What have you observed or learned while you have been serving as a volunteer?

Before attending Family Camp, I had no knowledge of Hemophilia. Over the past several years, I have learned more and more about Hemophilia and bleeding disorders, and now I have a heart for these people and what they endure and overcome each day. I have made friends with the OHF family members. Even though I don't suffer from a bleeding disorder myself, I feel I can give back by continuing to provide my time and a listening ear to help them have a wonderful relaxing weekend away from their



daily lives.

Why should someone volunteer for OHF?

Each year I enjoy getting to know these families, and today I feel like a part of the families. It is a wonderful way to give back and share life with people, and I hope to be more involved in 2019.

OHF TEEN RETREAT: AN ADVENTURE TO REMEMBER

Make sure your teen (ages 13-19) is part of the fun! This year's OHF teen retreat will feature a ropes course, water activities, great food and friends.

When: Friday, May 17- Sunday, May 19 (concludes in the morning)

Where: Spring Valley Ranch, OK

Who: Teens ages 13-19 who have a bleeding disorder, or a sibling or parent with a bleeding disorder.

Deadline to register is May 1. Space is limited, so sign up right away at okhemophilia.org.



Generously sponsored by:



MEET THE BOARD OF DIRECTORS

DON BOWERS



Don Bowers

Oklahoma in 2007 and later graduated *magna cum laude* from Southern Methodist University Dedman School of Law in Dallas, Texas in 2010.

In my free time I enjoy amateur astronomy, spending time

I live in Oklahoma City with my wife, Brandi, and our two rescue dogs, Waylon and Stella. I work at Messer -Bowers Insurance with my father and brother, an agency specializing in commercial insurance products.

My brother and I are the 5th generation in our family to work at the agency. I received a Bachelor of Business Administration from the University of

being outdoors in the mountains, and traveling to new places.

I joined the board because a good friend of mine from college is affected by hemophilia. I had donated to his walk campaign for years, and about two years ago, he asked if I would be willing to serve on the board.

While I have served on the board the past 20 months, I have seen a community growing and expanding in the services it is able to provide for its members. I have seen dedicated and passionate staff and board members working hard to lead OHF to even greater heights. And I have seen the resilience of those in this community, and the commitment they make to supporting one another.

Why should someone volunteer for OHF? The Foundation is growing and continuing to seek innovative ways to best serve the bleeding disorder community. By volunteering now, you can help shape the future of the OHF and have a significant impact in helping a wonderful group of people.

OHF ADVOCACY

IT'S OFFICIAL: MARCH IS BLEEDING DISORDERS AWARENESS MONTH IN OKLAHOMA!

Governor Kevin Stitt approved our request and officially proclaimed March "Bleeding Disorders Awareness Month" in Oklahoma!

Special thanks to OHF Advocacy Chair, Liz Decker, for making this annual recognition a reality. Because of her hard work, Oklahomans with bleeding disorders will have an official month to raise awareness and celebrate our community.



OHF DAY AT THE HILL

—By Liz Decker

Day at the Hill 2019 was a milestone moment for the bleeding disorder community in Oklahoma. Not only were we able to tell our stories to almost 50 members of the Oklahoma legislature, we received a Proclamation from the governor making March Bleeding Disorder Awareness month. Senator Dave Rader and Representative Carol Bush both spoke to our team during the two-day event about important bills that affect us such as step therapy. They also emphasized the importance of talking to legislators about our concerns and telling our stories. We make a difference! Our team was recognized from the House floor and we later met with Governor Kevin Stitt, Lieutenant Matt Pinnell, Senator Dave Rader and Representative Carol Bush for introductions and a photo-op to celebrate. It was a great effort all around from members of our community, NHF and our sponsors. Thank you to each and every one. Special thanks goes to Executive Director, Kathleen Montgomery. Her leadership and professionalism led the way to the success of this event.

Generously sponsored by NHF, Genentech, Sanofi Genzyme, and Takeda.



NATIONAL HEMOPHILIA FOUNDATION

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SANOFI GENZYME



CAMP INDEPENDENCE



DON'T MISS OUR PIRATES-THEMED CAMP INDEPENDENCE THIS YEAR!

When: June 24-28th, 2019
Registration opens on April 6th, 2019

New activities!
Talent Show!
The Counselors you love!



CAMPER STORY — HANNAH LUTZ

Camp Independence gave me my independence! I was able to self-infuse for the very first time! This was way back in 2008, maybe? Katie (Mears) was there. I think she may have been new that year as a counselor. There was

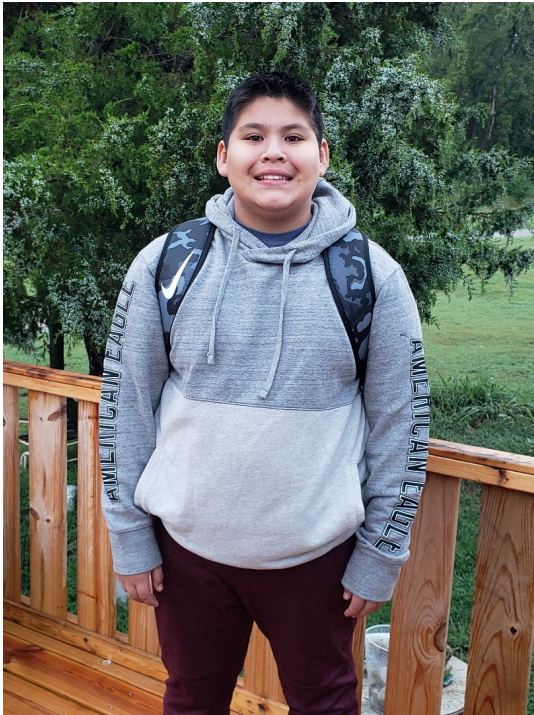


no camp available for girls in Louisiana and Camp Independence took me in. It will always hold a special place in my heart.

I have finished Nursing school and lived in Houston for a while, but have since moved back to Louisiana. I always love helping my community in any way I can! I think I made up my mind that day, too, that if I was going to be a nurse, I certainly couldn't be afraid of needles! You should see the looks on some of the kids' faces when I am at work and have to access ports; I lower my neckline down a little and show them mine. Their jaws drop; instant calm. It's almost like solidarity. If she can do it, I can too! I think a lot of kids get mad thinking why do all of these people get to do this to me. It's a special privilege to say "I get it!"

First time self-infusing peripherally. At that time I had moved to a port which I was STILL not doing on my own. I had a bad needle phobia. Keep in mind, I was a severe type three on prophylaxis...we had our neighbor, a nurse, doing it. I now have absolutely no needle fear. Due to other disorders that I have, I use a port because I have 8-hour infusions three times a week. This was a very big day for me. It was the day I stopped crying over needles and the day I realized I could do this. It was the first time I had EVER seen others doing it. It was normalized. I have a dream that more girls will be able to attend camp.

CAMPER SPOTLIGHT— JOSHUA ERIC JOHNSON



What type of bleeding disorder do you live with:

Hemophilia A

How did you learn of your bleeding disorder:

When I was 6 months old

What is a hard thing about living with a bleeding disorder for you and your family:

I can't play the sports and things I would like to do.

How does the Oklahoma Hemophilia Foundation help your family?

I love Camp Independence; I can really be myself during that week. I am around other kids just like me. I get to do so many fun activities and get dirty. I make great friendships each year. We also learn something new in lah lah. (LAHLAH means learning about Hemophilia! And it is the time at camp we learn about infusing and others things to become independent with a bleeding disorder.)

OHF 1ST ANNUAL TRIVIA NIGHT

On Wednesday, February 13, 2019, OHF participated in the Willows Family Ales Trivia Night. This was a fun night with proceeds going to OHF.

Several teams representing OHF attended and enjoyed the evening with Trivia, T-Town Tacos, drinks, and great friends.

Thanks to everyone who came, especially Katie Duncan's family and friends, Kerri Crabtree's family, Steve Henson, J.R. Brawner and Nancy Nelson and friends.

We have an event planned for the Fall in OKC and hope to see you all there!

The Willows FAMILY ALES





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antihemophilic factor
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LET'S GO

TAKING CARE OF THEIR OWN

A DIAGNOSIS INSPIRES A CONGREGATION TO SUPPORT THE BLEEDING DISORDERS COMMUNITY

—By Lisa Fields

When members of Sasha Cheatham's childhood church in Oklahoma learned that her young son had been diagnosed with hemophilia, they wanted to do something to help her family.

"It's the church I grew up in, down the road from where my parents live," Cheatham says. "It's a little country church, like those churches with a white steeple you see in postcards."

Cheatham's family has had a long relationship with the West Point Christian Church in Yukon. Her great-grandparents helped to construct the church building in 1898, and her family has attended services there for generations. "I got married there, my brother got married there," says Cheatham, who now lives 45 minutes away in Shawnee, Oklahoma. "It will always hold a special place in my heart."

When Cheatham's son, Reece, who is now 14, was diagnosed with hemophilia at 8 months old, her childhood church community heard the news through her parents. When Reece was 2, the church organized a health fair fundraiser to raise awareness about bleeding disorders. The next year, church volunteers tried a different fundraiser, which was even more successful: a yard sale, craft show and raffle, with gift cards from area restaurants and businesses as prizes.

"For over 10 years, they did this annually to support my family, the Oklahoma Hemophilia Foundation and the bleeding disorders community as a whole," Cheatham says.

Over a decade, the congregation raised more than \$12,000. The funds were sent to the Oklahoma Hemophilia Foundation and then to the National Hemophilia Foundation's Judith Graham Pool Postdoctoral Research Fellowship, which supports basic science and preclinical research in bleeding disorders. Cheatham helped decide where the funds should go. "The church wanted to initially help us, but our insurance covered most everything," Cheatham says. "We wanted a cure—for future generations, but also for Reece. That's one reason why we chose the Judith Graham Pool fellowship."

Although Reece's initial diagnosis changed from moderate to severe hemophilia A with a tolerized inhibitor, he's doing well. Today, he's a high school freshman, plays



Members of The Cheatham's Champions bleeding disorders walk team (standing left to right): Tim, Reece. Sasha and Skylar Cheatham Sasha's nephew, Jace, brother Burke Nivin. Sister-in-law Stephanie, and nephew Landon. (Seated) Sasha's parents, Lonny and Wayne Nivin with her nephew, Nash Nivin.

baseball and appreciates what West Point Christian Church has done for the bleeding disorders community. At the fundraisers, Cheatham educated people about bleeding disorders and the Oklahoma Hemophilia Foundation. "I would always be there if people had questions," she says. "We had a poster board there explaining what the money was going to go toward."

She also shared details of the *My Life, Our Future* (MLOF) genetic testing program, which offered free genotyping for people with hemophilia, genetic carriers and potential carriers from 2013—2017. In 2015, she and her daughter, Skylar, now 17, took part in MLOF. Testing confirmed Cheatham is a carrier. (After Reece's diagnosis, Cheatham learned that one of her great-uncles had hemophilia). Skylar is not a carrier.

Cheatham and her family have supported the bleeding disorders community since Reece was a baby, and that commitment continues. "That's been our focus," Cheatham says. "Since Reece was diagnosed, we said, 'We want better products. We want a cure.' I think that's what everyone wants."

**"We want better products.
We want a cure.
I think that's what everyone wants."**

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GO SEEK. GO EXPLORE.
GO AHEAD.



Discover your sense of go. Discover **HEMLIBRA®**.

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What is **HEMLIBRA**?

HEMLIBRA is a prescription medicine used for routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adults and children, ages newborn and older, with hemophilia A with or without factor VIII inhibitors.

What is the most important information I should know about **HEMLIBRA**?

HEMLIBRA increases the potential for your blood to clot. Carefully follow your healthcare provider's instructions regarding when to use an on-demand bypassing agent or factor VIII, and the dose and schedule to use for breakthrough bleed treatment. **HEMLIBRA** may cause serious side effects when used with activated prothrombin complex concentrate (aPCC; **FEIBA®**), including thrombotic microangiopathy (TMA), and blood clots (thrombotic events). If aPCC (**FEIBA®**) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (**FEIBA®**) total.

Please see Brief Summary of Medication Guide on following page for Important Safety Information, including **Serious Side Effects**.


HEMLIBRA
emicizumab-kxwh | 150
Injection for subcutaneous use | mg/mL

Medication Guide
HEMLIBRA® (hem-lee-bruh)
(emicizumab-kxwh)
injection, for subcutaneous use

What is the most important information I should know about HEMLIBRA?

HEMLIBRA increases the potential for your blood to clot. Carefully follow your healthcare provider's instructions regarding when to use an on-demand bypassing agent or factor VIII (FVIII) and the recommended dose and schedule to use for breakthrough bleed treatment.

HEMLIBRA may cause the following serious side effects when used with activated prothrombin complex concentrate (aPCC; FEIBA®), including:

- **Thrombotic microangiopathy (TMA).** This is a condition involving blood clots and injury to small blood vessels that may cause harm to your kidneys, brain, and other organs. Get medical help right away if you have any of the following signs or symptoms during or after treatment with HEMLIBRA:
 - confusion
 - weakness
 - swelling of arms and legs
 - yellowing of skin and eyes
 - stomach (abdomen) or back pain
 - nausea or vomiting
 - feeling sick
 - decreased urination
- **Blood clots (thrombotic events).** Blood clots may form in blood vessels in your arm, leg, lung, or head. Get medical help right away if you have any of these signs or symptoms of blood clots during or after treatment with HEMLIBRA:
 - swelling in arms or legs
 - pain or redness in your arms or legs
 - shortness of breath
 - chest pain or tightness
 - fast heart rate
 - cough up blood
 - feel faint
 - headache
 - numbness in your face
 - eye pain or swelling
 - trouble seeing

If aPCC (FEIBA®) is needed, talk to your healthcare provider in case you feel you need more than 100 U/kg of aPCC (FEIBA®) total.

See “**What are the possible side effects of HEMLIBRA?**” for more information about side effects.

What is HEMLIBRA?

HEMLIBRA is a prescription medicine used for routine prophylaxis to prevent or reduce the frequency of bleeding episodes in adults and children, ages newborn and older, with hemophilia A with or without factor VIII inhibitors.

Hemophilia A is a bleeding condition people can be born with where a missing or faulty blood clotting factor (factor VIII) prevents blood from clotting normally.

HEMLIBRA is a therapeutic antibody that bridges clotting factors to help your blood clot.

Before using HEMLIBRA, tell your healthcare provider about all of your medical conditions, including if you:

- are pregnant or plan to become pregnant. It is not known if HEMLIBRA may harm your unborn baby. Females who are able to become pregnant should use birth control (contraception) during treatment with HEMLIBRA.
- are breastfeeding or plan to breastfeed. It is not known if HEMLIBRA passes into your breast milk.

Tell your healthcare provider about all the medicines you take,

including prescription medicines, over-the-counter medicines, vitamins, or herbal supplements. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

How should I use HEMLIBRA?

See the detailed “Instructions for Use” that comes with your HEMLIBRA for information on how to prepare and inject a dose of HEMLIBRA, and how to properly throw away (dispose of) used needles and syringes.

- Use HEMLIBRA exactly as prescribed by your healthcare provider.
- **Stop (discontinue) prophylactic use of bypassing agents the day before starting HEMLIBRA prophylaxis.**
- **You may continue prophylactic use of FVIII for the first week of HEMLIBRA prophylaxis.**
- HEMLIBRA is given as an injection under your skin (subcutaneous injection) by you or a caregiver.
- Your healthcare provider should show you or your caregiver how to prepare, measure, and inject your dose of HEMLIBRA before you inject yourself for the first time.

- Do not attempt to inject yourself or another person unless you have been taught how to do so by a healthcare provider.
- Your healthcare provider will prescribe your dose based on your weight. If your weight changes, tell your healthcare provider.
- You will receive HEMLIBRA 1 time a week for the first four weeks. Then you will receive a maintenance dose as prescribed by your healthcare provider.
- If you miss a dose of HEMLIBRA on your scheduled day, you should give the dose as soon as you remember. You must give the missed dose as soon as possible before the next scheduled dose, and then continue with your normal dosing schedule. **Do not** give two doses on the same day to make up for a missed dose.
- HEMLIBRA may interfere with laboratory tests that measure how well your blood is clotting and may cause a false reading. Talk to your healthcare provider about how this may affect your care.

What are the possible side effects of HEMLIBRA?

- See “**What is the most important information I should know about HEMLIBRA?**”

The most common side effects of HEMLIBRA include:

- redness, tenderness, warmth, or itching at the site of injection
- headache
- joint pain

These are not all of the possible side effects of HEMLIBRA.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store HEMLIBRA?

- Store HEMLIBRA in the refrigerator at 36°F to 46°F (2°C to 8°C). Do not freeze.
- Store HEMLIBRA in the original carton to protect the vials from light.
- Do not shake HEMLIBRA.
- If needed, unopened vials of HEMLIBRA can be stored out of the refrigerator and then returned to the refrigerator. HEMLIBRA should not be stored out of the refrigerator for more than a total of 7 days or at a temperature greater than 86°F (30°C).
- After HEMLIBRA is transferred from the vial to the syringe, HEMLIBRA should be used right away.
- Throw away (dispose of) any unused HEMLIBRA left in the vial.

Keep HEMLIBRA and all medicines out of the reach of children.

General information about the safe and effective use of HEMLIBRA.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use HEMLIBRA for a condition for which it was not prescribed. Do not give HEMLIBRA to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about HEMLIBRA that is written for health professionals.

What are the ingredients in HEMLIBRA?

Active ingredient: emicizumab-kxwh

Inactive ingredients: L-arginine, L-histidine, poloxamer 188, and L-aspartic acid.

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For more information, go to www.HEMLIBRA.com or call 1-866-HEMLIBRA.

This Medication Guide has been approved by the U.S. Food and Drug Administration
Revised: 10/2018



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SCHOLARSHIPS



It's time to start the college scholarship process. Scholarship application deadlines for the 2019-2020 school year are already here. The sooner you begin, the more potential scholarships you will win. OHF is proud to offer the **Oklahoma Hemophilia Foundation Jason M. Nelson Memorial Scholarship**. E-mail Katie at conversegirl18@hotmail.com for information and an application. Visit our website, okhemophilia.org, for more scholarship information and website links.

As you do your research, it is important to think about and start collecting materials you may need. These might include:

- Medical Verification (letter or form—depending upon the scholarship)
- Letters of Recommendation (number of letters vary, but typically 2 are required)
- Transcript (most require unofficial, but a select few do require an official transcript)
- Resume/volunteer/work/activities (majority of scholarships want to know about your involvement in school and in the community)
- Financial Statement (not often required, but some do ask)
- Proof of tuition (not often required, but some do ask)
- Essay/Personal Statement (required by all scholarships)

In addition, most home care companies also have scholarship opportunities. Please check with your home care company about scholarship availability.

[Aptevo B More Scholarship](#)

Deadline: May 3rd, 2019

Eligibility: must be diagnosed with Hemophilia B

Award Amount: varies

Number of Awards: 1-20

[Beth Carew Memorial Scholarship](#)

Deadline: February 18, 2019

Eligibility: must be diagnosed with inherited bleeding disorder

Award Amount: \$500-\$6,000

Number of Awards: 1-10

[Bill McAdam Scholarship Fund](#) – E-mail to request info

[Brothers Healthcare Scholarship](#)

Deadline: April 1st, 2019

Eligibility: must be diagnosed with or have an immediate family member diagnosed with a bleeding disorder

Award Amount: \$1,000

Number of Awards: 2

[Eric Delson Memorial Scholarship](#)

Deadline: July 1st, 2019

Eligibility: students diagnosed with a bleeding disorder

Award Amount: \$1,500-\$2,500

Number of Awards: 3 \$2,500 scholarships for post-secondary students, 1 \$1,500 scholarship for undergraduate student

[Faith, Hope and Love Jesus, Inc. College Scholarship](#)

Deadline: May 1st, 2019

Award Amount: \$500

[Hemophilia Federation of America](#)

Multiple Scholarships

Deadline: May 31st, 2019

Eligibility: varies

Award Amount: \$2,000-\$4,000

Number of Awards: 4

[HFA Educational Scholarships](#)

Deadline: May 10, 2019

Eligibility: must have a bleeding disorder \$2,000-\$4,000

Number of Awards: 1-4

[Kevin Child Scholarship](#)

Deadline: June 3rd, 2019

Eligibility: high school seniors diagnosed with Hemophilia A or B

Award Amount: \$1,000

Number of Awards: 1

[LA Kelley Hemophilia Scholarships](#)

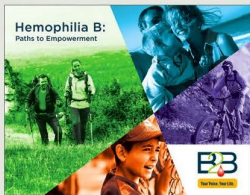
Multiple Scholarships

Deadlines and Eligibility vary

Visit our website, okhemophilia.org, for more scholarship information and website links.

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Download or view books filled with patient stories that can inspire, empower, and educate



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View videos that feature members of the community sharing their personal experiences

And there's much more, too!



More topics include . . .

- Educating your child's school about hemophilia B
- HEMO 101 for caregivers
- Managing relationships with hemophilia B
- Life for girls and women with hemophilia B

VISIT WWW.HEMOPHILIAVILLAGE.COM
to explore all B2B materials

CONNECT WITH US



Are you new to the community or looking to connect with old friends? Check out OHF!

- Check out our website to find out about and register for upcoming events:

www.okhemophilia.org

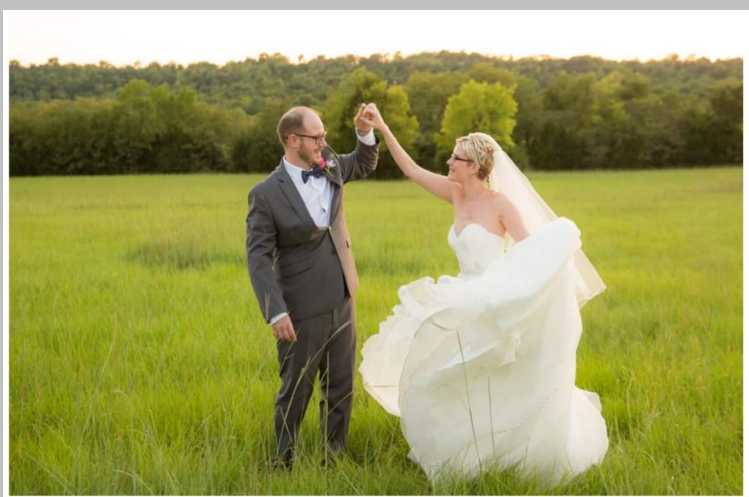
- Like us on Facebook at:

www.facebook.com/okhemophilia

- To sign up for our mailing or email list go to okhemophilia.org and click on

SIGN UP

Or email
kmontgomery@okbleedingdisorders.org



*"Hemophilia is a big part of who I am.
I can only hope to inspire others to
join me in the cause."*



~Katie Mears
Board Member



UNITE FOR BLEEDING DISORDERS WALK

- When:** April 27th, 2019
Time: Fun starts at 9 am. Walk starts at 10 am.
Where: South Lakes Park, 4210 SW 119th St, Oklahoma City, OK
How: Register your team and add team members at www.okhemophilia.org

WALK INSIDER TIPS:

- **Get more donations by customizing your walk team page.** You can edit the default letter and sign your name, or go the extra mile by telling your unique story. The more personal, the more invested your donors will feel.
- **Kick start your donations by making one yourself.** A \$25+ donation per team member ensures each person will get a Unite Walk t-shirt.
- **Finally, share a link to your custom page** in a letter, email or on social media so it's easy for your friends, family, and colleagues to donate.



Unite
for Bleeding Disorders

**WHY DO
YOU
WALK?**





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Education, Advocacy, Awareness

National Hemophilia Foundation
Oklahoma Hemophilia Foundation
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www.okhemophilia.org



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OHF originally began with a group of concerned families. It became a non-profit in 1997 and today it has grown to serve over 300 people with bleeding disorders in Oklahoma and surrounding states.

We welcome you to join us! www.okhemophilia.org. Click on "Sign Up" to receive event emails and information.



SAVE THE DATE:

Your OHF family looks forward to seeing you soon!

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| April 13 | Community Dinner "How to Communicate With Your Child's School," Novo Nordisk and Factor One Source |
| April 16 | Community Dinner "No Sweat: Staying Active and Healthy with a Bleeding Disorder," Takeda and Accredo |
| April 27 | Unite for Bleeding Disorders Walk
South Lakes Event Center, Moore, OK |
| May 9 | M-Powered Mom's Event, Edmond, OK, Bayer |
| May 18 | Teen Retreat |
| May 23 | Community Dinner, Genentech |
| June 8 | Community Dinner, vWD Focus, Grifols |
| June 24-28 | Camp Independence |
| July 26-27 | OHF Annual Meeting @ Marriott Southern Hills, Tulsa |
| Aug 6 | Community Dinner, Takeda |
| Sept 19-20 | Hispanic Heritage Month Dinners, Takeda and Accredo |

Please go to www.okhemophilia.org and check it out! Register for events, learn about OHF's mission, and find out how you can get involved!